






The Canadian SADS Foundation

Together...

We can prevent sudden cardiac death in the young!

The Warning Signs

-  **Fainting (syncope) or seizure** during physical activity.
-  **Fainting (syncope) or seizure** resulting from emotional excitement, emotional distress or startle.
-  **Family history of unexpected sudden death** during physical activity or during a seizure, or any other unexplained sudden death of an otherwise healthy young person.

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