

**#CoachPara Summit: Making Parasport Leadership Stronger**

**February 25<sup>th</sup>, 2018 – Abilities Centre**

**55 Gordon Street Whitby, ON L1N 0J2**

**\$15 Ontario Residents – [Register Here](#)**

**Check In and Registration – Continental Breakfast - 9:00am- 9:30am**

**9:30-9:35am – Welcome**

**9:35-9:40am – Greetings from Government of Ontario**

**9:40-10:00am – Opening Remarks - EMCEE – Benoît Huot 5X Paralympian**

**Coaching Journeys to the Paralympics and Beyond**

**Paul Bowes – Wheelchair Basketball and Carolyn Murray – Para Triathlon**

**10:00am- 11:20am - Theatre**

*Hear the inspirational stories straight from the coaches that have been around the world. A panel of provincial, national and international Coaches in Parasport will share the behind the scenes of how they got started and how they ended up traveling the world in Parasport.*

**10 Minute Coffee Break**

**Opening the Door to the World of Parasport**

**Parasport Ambassadors**

**11:30am- 12:30pm - Theatre**

*Want to be more involved in Parasport – we can help! Learn about the different opportunities in Parasport and get the answers to all the questions you have ever had about becoming a leader in this world. Connect with the right people, resources, and organizations all in one spot.*

**Networking and Lunch – 12:30pm-1:30pm**

**Coaching Athletes with a Disability to the MAX**

**Jacqueline Tittley**

**1:30pm-3:00pm - Theatre**

*Liked the NCCP eLearning module but need more hands on skills? Have a chance to design programs and use the Adaptive technique tool guided by the experts in the field. There are so many coaching tools you already have to work with athletes with a disability and this session will help show you how.*

**Classifier Forum**

**1:30pm-3:00pm - Lounge**

*For individuals that have classified athletes of any sport in Ontario*

**Contact: [Mercedes@coachesontario.ca](mailto:Mercedes@coachesontario.ca)**

**Social/Activity and Closing Remarks - 3:00-3:30**

## **#CoachPara Summit: Speaker Bios**

### **Benoît Huot – EMCEE**

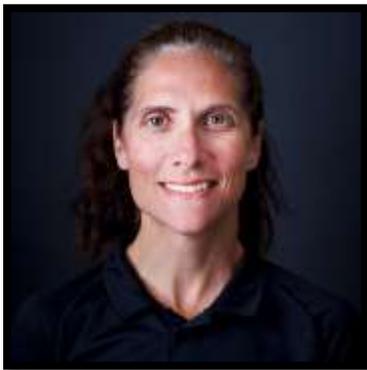


Member of the Order of Canada, Benoît was born with a disability known as clubfoot. He started swimming at the age of 8 years old and became, in the last 20 years, one of Canada's most decorated Paralympic athletes with 20 medals in five Paralympic Games. National team member since 1998, he has won 32 medals in five World Championships, lowering more than 60 world records in his category.

He is always involved in various causes involving youth, diversity and accessibility. An ambassador for Right to Play Foundation and has even created his own the Benoît Huot Foundation. It aims to help young athletes who hope to participate one day in the Paralympic Games.

His biggest dreams are now to help the next generation, to inspire others to look beyond their own boundaries and motivate anyone who aims to realize their dreams, which he does by sharing his passion for life.

### **Carolyn Murray – Coaching Journeys to the Paralympics and Beyond**



Carolyn became a coach after an outstanding 15-year triathlon career which included five straight World Championship competitions from 2004 to 2008 and a first-place finish at the 2008 World Cup in Richards Bay, SA. That same year, she competed at the Beijing Olympics, finishing in the top 30. With her competition days behind her, Carolyn turned her hand to coaching the sport she loves. She obtained her NCCP certification at the National Training Centre and was appointed head coach for Canada's first-ever Para-triathlon squad in 2014. Carolyn also holds a BSc. in Kinesiology and is a registered acupuncturist.

Carolyn has coached around the world, guiding many young Canadian triathletes to countless major international events including the World Championships and Paralympics. She was responsible for leading three Para-triathletes to the sport's Paralympic debut at the 2016 Games in Rio where Canada's Stefan Daniel won a silver medal in the men's standing classification.

Carolyn's coaching philosophy has been built around four key words: intent, perseverance, patience and communication. Staying true to these four key words in her daily training environment has resulted in numerous awards and accolades, including the 2015 Triathlon Canada Elite Coach of the Year, 2015 Sport BC Female Coach of the Year, 2016 Petro-Canada Coaching Excellence Award and 2016 Triathlon Canada Elite Coach of the Year.

## **Paul Bowes – Coaching Journeys to the Paralympics and Beyond**



Paul, a Chartered Professional Coach, has been involved with wheelchair basketball since 1988 when he took over the role as Head Coach of the London Forest City Flyers with whom he still coaches today. Paul has been involved in the Paralympics since 1992 and has coached at 5 Paralympic Games winning 3 gold and 1 silver medal. Paul also coached Canadas Jr Men's team to Gold medals in 1997 and 2001, 4 Men's World Championships earning 3 bronze and 1 gold. Paul had the honour of coaching at the Invictus Games in Toronto in 2017 as the Head Coach of the Wheelchair Basketball Team and will also coach the team in 2018. Paul is currently a consultant and assistant coach with Team Germany

where he will be on the bench with Germany for the 2018 World Championships. Paul also is the Head Coach of the Ontario Women's wheelchair basketball team since 2016. Paul also served as the President of Wheelchair Basketball Canada from 2000-2005.

## **Jacqueline Tittley – Coaching Athletes with a Disability to the MAX**



Born and raised in Montreal, Jacqueline completed her Bachelor of Arts degree in Leisure Science at Concordia University while also gathering work experience in the athletics department at Concordia University and Dawson College. She has played and coached skiing, soccer, and rugby at a variety of levels. Most recently, Jacqueline was involved in the development of the newest NCCP elearning module, Coaching Athletes with a Disability.