

COACH PROFILE

James Millar

Judo Coach

Coaching Experience:

Toronto

1> Year Athletes With a Disability

15 Total

Context:

Competitive and High Performance



Why did you start coaching?

I began coaching to find more passion in helping develop others than pursuing my own sporting career.

What are the aspects of coaching athletes with disabilities do you find most enjoyable?

Similar to coaching the experience of coaching sighted athletes, just the small moments of success which add up to huge improvement over time

Describe the aspects of participating in sport that make the experience fulfilling, valuable, and meaningful for the athletes?

Inclusion and acceptance by coaches and team mates, being valued as person as well as an athlete, achievement.

What are the aspects of coaching athletes with a disability have you found challenging? What resources have helped you with those challenges?

The adaptation of my coaching practice to include descriptive processes for those with visual impairment. I have been lucky enough to have had several VI judo athletes train alongside me during my sporting career, their input has been invaluable.

What advice would you give to a coach just getting started in parasport?

Be educated with regards to athletes environment/ expectations/processes to allow you to deliver the best possible service to that athlete.



Contact education@coachesontario.ca for contact information!

Community Judo Instructor

More information: <http://www.judocanada.org/wp-content/uploads/2011/05/2017August-NCCP-Policy-EN.pdf>
Contact James Millar if you have any questions:

This coaching certification status is intended for instructors involved in teaching in clubs or to recreational judoka who are not involved in competitive streams (shiai or kata) of judo.

Assistant Instructor

More information: <http://www.judocanada.org/wp-content/uploads/2011/05/2017August-NCCP-Policy-EN.pdf>
Contact James Millar if you have any questions:
james.millar@judoontario.ca

This Learning Experience prepares the participant to assist in delivery of Judo practices for judo players of all stages of development, with an emphasis on participants under 13 years old. It is recommended that the assistant works under the supervision of a certified Instructor. Assistants under the age of majority must work under the direct supervision of a certified instructor.

Instructor

More information: <http://www.judocanada.org/wp-content/uploads/2011/05/2017August-NCCP-Policy-EN.pdf>
Contact James Millar if you have any questions:
james.millar@judoontario.ca

The "Instructor" course provides the participant with knowledge to instruct technical, physical, and mental aspects of judo and, via completion of an ON-LINE learning module, basic nutrition. The course prepares the participant to be a club instructor responsible for providing judokas with the basic physical literacy skills with emphasis on children under the age of 14; and judo skills as described in the Judo Canada syllabus; and to introduce young judoka to competition.

Coach – Developing Competitor

More information: <http://www.judocanada.org/wp-content/uploads/2011/05/2017August-NCCP-Policy-EN.pdf>
Contact James Millar if you have any questions:
james.millar@judoontario.ca

Coach of Developing Competitor - prepares the individual to be a coach responsible for the yearly training and monitoring of athletes in their Train to Train and subsequent development stages, in preparation for provincial/national level competition.

HIGHLY RECOMMENDED - MULTISPORT

NCCP Coaching Athletes with a Disability

To Register: www.coach.ca/coaching-athletes-with-a-disability--s17345

Coaching Athletes with a Disability NCCP training provides coaches the knowledge to deliver quality, positive sport experiences for athletes, specifically with behavioural, intellectual, physical, and sensory disabilities.

Making Head Way Concussion eLearning

To Register: <https://coach.ca/making-head-way-concussion-elearning-series-p153487>

Designed to help you gain the knowledge and skills required to ensure the safety of your athletes, these NCCP Professional Development modules will make you concussion smart!

USEFUL LINKS

Need more information? Email education@coachesontario.ca to help navigate the NCCP coaching qualifications, as well as find additional ways to achieve the coaching qualifications (e.g.- direct to evaluation option, etc.).

- Judo Canada <http://www.judocanada.org/development/otherprogram/>
- Judo Ontario <https://www.judoontario.ca/nccp/about>
- Coaches Association of Ontario <https://www.coachesontario.ca/>
- Coaching Association of Canada <http://coach.ca/>
- ParaSport Ontario <http://www.parasportontario.ca/index.php/clubs/judo-quingong>

FUNDING OPPORTUNITIES

Grants are available to pay a portion of NCCP courses through the Coach Enhancement Coach Bursary program. <https://www.coachesontario.ca/programs-resources/funding-for-coaches/> or email cep@coachesontario.ca