

COACH PROFILE

Andrew Pittman



Para Nordic Coach **Petawawa**
Coaching Experience: **9 Years Athletes with a disability**
 10 Total
Contexts: **Community and Competition**

Why did you start coaching?

It was a natural transition from being an athlete in Biathlon and Cross Country Skiing.

Why did you start coaching athletes with a disability?

The opportunity was offered to me by my local ski club as I was achieving coaching courses and I fell in love with coaching parasport.

What are the aspects of coaching athletes with disabilities do you find most enjoyable?

I find all aspects of coaching parasport very rewarding, but especially when the athletes themselves find enjoyment in the sport.

What is your best coaching moment in parasport? Why?

Watching a parasport athlete reach their goals. It means that I am doing the right thing for the person as their coach if they reach their goals.

Describe the aspects of participating in sport that make the experience fulfilling, valuable, and meaningful for the athletes?

I find it when a athlete finds the enjoyment of the sport and the excitement of learning that they can achieve or do anything they work for.

How do you contribute to increasing the support and awareness of adaptive sports?

I try to work on getting information out to people about their sport and try to education new people on the sports that they see us working on.



NCCP PARA-NORDIC

<http://www.cccski.com/Para-Nordic/Coaching-PN.aspx>



NCCP ABLE BODIED

Community Coaching

For more information contact: Patti Kitler pattikit@gmail.com

2 hr theory / 3 hr practical

In conjunction with a practice session for athletes in the FUNdamentals stage of development.

To Register visit: <http://xcskiontario.ca/coaches/coach-certification/>

Competition Coaching: Introduction

For more information contact: Patti Kitler pattikit@gmail.com

4 hr theory / 4 hr practical

Dryland training camp for L2T / T2T athletes

To Register visit: <http://xcskiontario.ca/coaches/coach-certification/>

Competition Coaching: Introduction

Advanced

For more information contact: Patti Kitler pattikit@gmail.com

4 hr theory / 4 hr practical

On-snow course in conjunction with a national level competition.

To Register visit: <http://xcskiontario.ca/coaches/coach-certification/>

Competition Coaching: Development

For more information contact: Patti Kitler pattikit@gmail.com

2 days in conjunction with Para-Nordic Ski team camp

To Register visit: <http://xcskiontario.ca/coaches/coach-certification/>

HIGHLY RECOMMENDED - PARA-NORDIC

Cross Country Skiing - A Sport For Life: Long Term Athlete Development Guide for Athletes with a Disability" (LTAD-AWAD)

Guidebook available for free from your [Division Office](#)

HIGHLY RECOMMENDED - MULTISPORT

NCCP Coaching Athletes with a Disability

To Register: www.coach.ca/coaching-athletes-with-a-disability-s17345

Aimed at coaches working with players in an environment where performance is a critical factor in successful coaching. (CP,VI Integrated)

USEFUL LINKS

Need more information? Email education@coachesontario.ca to help navigate the NCCP coaching qualifications, as well as find additional ways to achieve the coaching qualifications (e.g.- direct to evaluation option, etc.).

- Nordiq Canada <http://www.cccski.com/Para-Nordic/Coaching-PN.aspx>
- Cross Country Ski Ontario <http://xcskiontario.ca/paranordic/>
- Coaches Association of Ontario <https://www.coachesontario.ca/>
- Coaching Association of Canada <http://coach.ca/>
- ParaSport Ontario <https://www.parasportontario.ca/index.php/clubs/nordic-skiing>

FUNDING OPPORTUNITIES

Grants are available to pay a portion of NCCP courses through the Coach Enhancement Coach Bursary program. <https://www.coachesontario.ca/programs-resources/funding-for-coaches/> or email cep@coachesontario.ca

