

COACH PROFILE

Matt Greenwood



Soccer Coach **Whitby**
Coaching Experience: **15 years athletes with a disability**
 25 Total
Context: **Community & Competitive**

Why did you start coaching?

I enjoyed sharing my passion and knowledge for the game. I also wanted to ensure that players got the most support to ensure they stayed in the game for the long term.

What are the aspects of coaching athletes with disabilities do you find most enjoyable?

Satisfaction - from seeing the same joy and love for the game that I feel.

Sharing - knowing that their experience will be shared with class mates, friends and family.

Culture - shaping the current culture around accessible sport.

What strategies do you use to facilitate quality sport experiences for your athletes?

Communication: plenty of light-hearted communication through email to draw athletes together.

Methodical session plan: particularly with my blind players it's important to go through clear routines during each session for safety.

Painting the Picture: Again for visually impaired athletes it's important to let them know what is happening around them.

Why did you start coaching athletes with a disability?

I realised that there was a huge part of the community that love and want to play soccer but programs didn't exist or information wasn't being shared with them to draw them in. I also like being challenged as a coach to improve what I do and to not be complacent with the same age group and gender season after season.

What is your best coaching moment in parasport? Why?

Blind Soccer - coaching our Pickering SCC team to Silver at the Provincial Championships this winter. it was a process that started 12 months before and the players came and went before we settled on a squad to compete. We hosted the games too!

How do you contribute to increasing the support and awareness of adaptive sports?

Social Media: I tweet, post and blog regularly and draw both Canadian and international groups into the conversation.

Networking: I engage each level of sport and at times education and government into the discussion.

Presentation: I provide workshops at schools, universities and offices to use blind soccer as a team building tool.



Contact education@coachesontario.ca for contact information!

Active Start (U4-U5)

For more information and how to register contact:
Lyndon Hooper: lhooper@ontariosoccer.net

- Designed for the first time coach.
- Focused on engaging children in "soccer play" and teaching basic physical literacy.

Fundamentals (U6-U8)

For more information and how to register contact:
Lyndon Hooper: lhooper@ontariosoccer.net

- How to develop the ABCs of movement: Agility, Balance, Coordination and speed.
- How to run a practice session that is fun, safe and keeps children actively engaged.
- How to explain the FUNDamentals of a game in a way that children can understand.
- How to communicate to this specific age group.

Learn to Train (U9-U12)

For more information and how to register contact:
Lyndon Hooper: lhooper@ontariosoccer.net

- How to teach basic principles of play
- How to establish training ethics and discipline in a fun and challenging environment.
- How to communicate to this specific age group.
- This is a key time to train speed, flexibility and skills and understand your role in developing these skills.

Soccer for Life (13+)

For more information and how to register contact:
Lyndon Hooper: lhooper@ontariosoccer.net

- How to plan and deliver effective, enjoyable, age-appropriate practices and how to provide feedback to your players.
- How to be able to better understand the role of the coach, and the developmental stage of the players you are coaching.
- How to provide a safe practice/game environment for your players.

C License Course

For more information and how to register contact:
Lyndon Hooper: lhooper@ontariosoccer.net

- The C-License is for coaches who would like to continue with their coaching education at a higher level through the Licensing Stream **(CP,VI Integrated)**

Provincial B Part 1

For more information and how to register contact:
Lyndon Hooper: lhooper@ontariosoccer.net

- Aimed at coaches working with players in an environment where performance is a critical factor in successful coaching. **(CP,VI Integrated)**

HIGHLY RECOMMENDED - MULTISPORT

NCCP Coaching Athletes with a Disability

To Register: www.coach.ca/coaching-athletes-with-a-disability--s17345

- Aimed at coaches working with players in an environment where performance is a critical factor in successful coaching. **(CP,VI Integrated)**

Useful Links:

Need more information? Email education@coachesontario.ca to help navigate the NCCP coaching qualifications, as well as find additional ways to achieve the coaching qualifications (e.g.- direct to evaluation option, etc.).

- Soccer Canada <https://www.canadasoccer.com/coach-training-certifications-s14688>
- Ontario Soccer <http://www.ontariosoccer.net/page/show/3174262-accessibility-and-disability-soccer>
- Coaches Association of Ontario <https://www.coachesontario.ca/>
- Coaching Association of Canada <http://coach.ca/>
- ParaSport Ontario <https://www.parasportontario.ca/index.php/clubs/soccer>

FUNDING OPPORTUNITIES

Grants are available to pay a portion of NCCP courses through the Coach Enhancement Coach Bursary program. <https://www.coachesontario.ca/programs-resources/funding-for-coaches/> or email cep@coachesontario.ca